



CHILDREN & YOUTH REPORT CARD REVIEW BY ALEXANDRIA CITY HIGH SCHOOL



Stacey Chicas

TOPIC

Provide free hygiene products in school bathrooms

TOPIC DESCRIPTION

TEENS ARE AFFECTED BY NOT HAVING FREE HYGIENE PRODUCTS IN THE BATHROOMS. THEY NEED TO PROVIDING FREE HYGIENE PRODUCTS IN THE BATHROOM. SOME TEENS FELT LIKE THEY DON'T HAVE THE PRODUCTS THAT THEY NEED ALL DAY.

BASELINE DATA & GOAL

Providing free menstrual products is generally considered a public health necessity to combat "period poverty," where 64% of low-income women in a U.S. study struggled to afford them.

I want 75% of low-income women in the U.S. to get free hygiene products in low cost

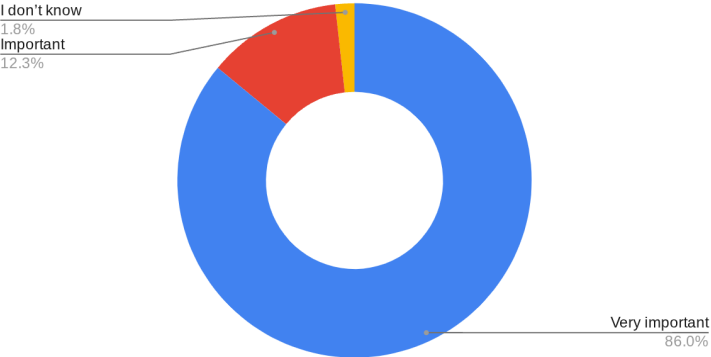
CYCP GOAL & STRATEGIC AREA

My issue connects to” Cost of living”. This is important because people need to have hygiene products for less the cost because they feel like they dont have waste so much money on products that they could have for free and it will help them save money for rent and other thing they need to pay off

WHAT IS HAPPENING RIGHT NOW?

How Important do you think there should be hygiene in school bathrooms?

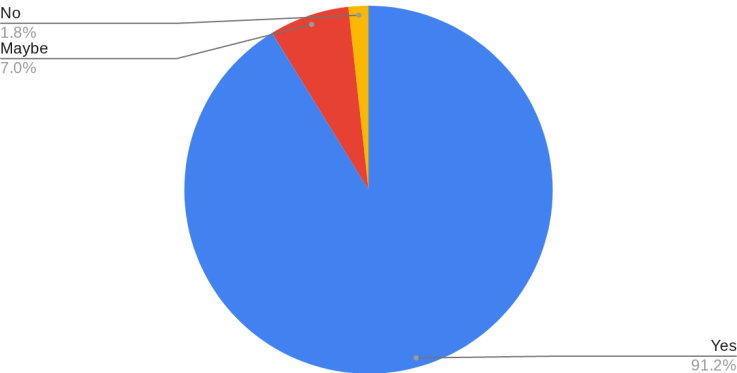
Count of How important do you think there should be hygiene in school bathrooms?



This shows that having the products in the bathrooms, teens will be more four in their school and not about if they have to go to the office to get the supplies they need. This data shows that school needs to add these to schools

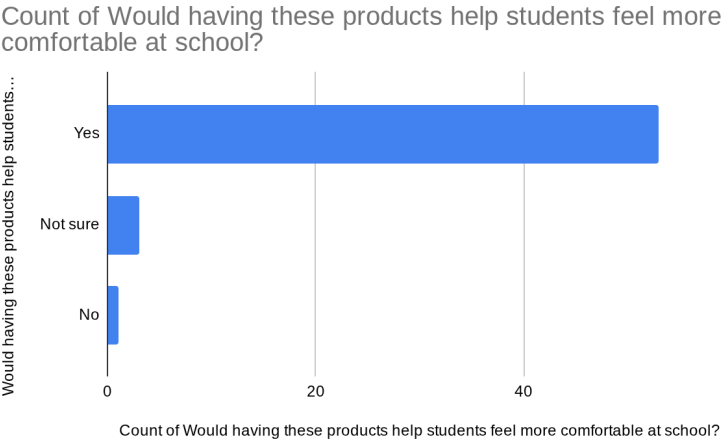
DO you think schools should give free hygiene product in bathrooms?

Count of Do you think schools should give free hygiene products in bathrooms?



These rules show that most of the students want to have hygiene products in the bathrooms because it very important and it a law. This is an way of showing that they need to add thes int he bathroom

Would having these products help students feel more comfortable at school?



This shows that school should care about their students hygiene. Most of the students have said that they should be hygiene products in the school bathrooms. This data shows that schools should have free hygiene products in the school bathrooms.

WHAT HAS ALREADY BEEN TRIED?

ACHS HAVE DONE IS TO PUT MESHES IN THE BATHROOMS WITH PRODUCT BUT THEY DON’ T REALLY SHOCK THEM UP. THEY HAVE SOME PRODUCTS IN THE ACADEMY AND KIDS HAVE TO GO THEIR AND ASK FOR THE PRODUCTS, WHICH IT DON’T REALLY HELP AND KIDS GET SCARED TO GO AND ASK GREW-UP FOR THE PRODUCTS

WHO CAN HELP?

The people that can help with this are the teen wellness center and ALIVE. ALIVE can provide free hygiene product to everyone and they care about their people. Teen Wellness Center proving free information about products for teens that can't affected any of the things.



WHAT HAS BEEN DONE SO FAR?

Quantity: What actions have been taken? The actions that have been taken so far is that they have things to have the products in and they also have products in each of the acrimony and they want students to come and ask for them.

Quality: How well are those actions working? These actions are not working well because in the beginning of the year they were fully shocked and you could get the products. Now tures the end, they are fully empty and you will have to go to a acomenty to get the products that you need to have if you have a emarceny.

IS IT ACTUALLY HELPING?

The actions that are being placed is not working because the places that they are putting the supples are not where most of the kids can go without being scared.

This is also helping the kids that are scerd and they think they don't have the power to do anything about it.

WHAT SHOULD CHANGE? (YOUR SOLUTION)

My solution for Providing free hygiene products in school bathrooms is to make sure they understand why it is important and why it is really needed for the teens in Alexandria. The data show that the teens don’t get enough products in school bathrooms or they don’t really get any products at all. So I suggest that schools should care about there students health more then anything else.

WHAT WILL HAPPEN NEXT?

If my solution is being used then it will help the teens out there feel better about themselves and wornt be scared to ask for help.

CITATIONS

Eickert, C. (2025). *Titan Changemaker Listening Session Handout* [Handout].

“Teen Wellness Center.”
Www.alexandriava.gov,
www.alexandriava.gov/TeenWellnessCenter.

intellivolve. “Helping Those in Need in the City of Alexandria.” ALIVE! | Neighbors Helping Neighbors, 13 Nov. 2019, www.alive-inc.org/.

LEARN MORE

Teen wellness center website has so much information about what they can help.

ALIVE website tell you everything they do and they like to help people that need the most help and they are low-incoming families in the city.